

LMC MOUNTAINEERING CLUB

January 2024

Contact Details

Chairman:	David Wells
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Hello all from your new Newsletter Editors. Sarah will be a very hard act to follow, but we will endeavour to match her immaculate consistency to get the Newsletter to you each month. We anticipate the job-share will be flexible so, if you have something for the Newsletter, please send it to both of us.

With all best wishes for 2024.

Angela & Hilary

Next Newsletter: Please send copy for the next issue by **midday on the 10th of the month.**

From the Treasurer: 2024 Subscriptions

Subscriptions for 2024 are now overdue.

If you wish to remain a member please remit £26 by bank transfer.

Technically participation in the AGM is contingent on 2024 subs being paid.

If anyone has any problems with these arrangements please contact the Treasurer.

LMC Meets & Events Programme 2024

Date	Event	Meet Leader	Comments
Tue 23 Jan	Explore the Elizabeth Line: Paddington to Kings Cross	Marion Downie	Day Walk
Sun 11 Feb	Explore the Elizabeth Line: Manor Park Circular Walk	Marion Downie	Day Walk
Sat 09/Sun 17 Mar	Crickhowell Walking Festival	Andy Johns	Not LMC. Book direct via the CWF website.
Tue 26 Mar - TBC	Explore the Elizabeth Line: Ealing Broadway to Hanwell	Marion Downie	Day Walk
Thu 11/Sun 14 Apr	Exmoor	H & A McGinn	Long Weekend - FULL
Sun 12 May	Spring Walk in Kent	Paul Ackroyd	Day Walk
May - TBC	Peak District	David Wells	Weekend
Thu 13/Sun 16 Jun	Dolgellau	Charles Harrison	Long Weekend

LMC Meets Details

From Tuesday 23 January - Exploring the Elizabeth Line - Day Walks – Marion Downie

I have been given a handy book called 'Exploring the Elizabeth Line' by Jeff Lock. Many of the walks are short which seems ideal for the shorter days of Winter.

With apologies to those members who are still working, I propose that we try a couple of these walks on a weekday as the Elizabeth Line doesn't always seem to be fully running at weekends. That said, other transport is often available & I am proposing a Sunday for the Manor Park Walk in February, as 'The Temple' only opens once a month.

Tuesday 23 January - Paddington to Kings Cross 5.5 miles

Meet at Paddington 11am at Platform 12 for a walk via Little Venice, Regent's Park & Camden Lock to Kings Cross.

Sunday 11 February - Manor Park Circular Walk 5 miles

Meet at Manor Park Station at 11am for a 5 mile circular walk taking in Wanstead Park & Alexandra Lake. A slight detour to City of London Cemetery (final resting place of Bobby Moore) is also possible. The Temple in Wanstead Park is open on this day & it promises:

- A history of the Park's Roman Villa, told through mosaics & other items from our museum collection
- A tale of Regency romance gone wrong, fit to rival the best period drama
- Statues which once stood throughout the Park
- A gift shop full of Forest-themed giftware for all ages
- Public toilets
- Friendly, knowledgeable staff on hand to answer all your questions

Tuesday 26 March TBC - Ealing Broadway to Hanwell 5.5 miles

Cafés are promised (by the book) en route but, as it is winter, I suggest bringing some emergency rations just in case.

If you are interested, please let me know. If dates don't work for you also let me know as there is flexibility, with the exception of Manor Park where the Temple only opens monthly.

Saturday 9 / Sunday 17 March - Crickhowell Walking Festival - Andy Johns

Come & banish those winter blues at the Crickhowell Walking Festival 2024! Online bookings for the 16th Festival are now OPEN. There are over 80 walks running over the nine days of the Festival: from 2 to 17 miles, plus valley strolls to demanding all-day routes on the high tops. Some new challenges are mixed in with old favourites, along with fresh special interest walks & evening events. ***This is not an organised LMC activity: you make your own local accommodation arrangements; also you book your own preferred walks & events.*** For the full programme plus further information see the CWF website to make your bookings. Walks can sell like hot cakes – some become fully booked soon after bookings open. For information on cancellations & refunds please read the 'Guidance, Terms & Conditions' on the website. Please feel free to direct any pre-booking queries to Andy.

www.crickowellfestival.com

Thursday 11 / Sunday 14 April – Simonsbath House Hotel, Simonsbath, Exmoor – FULLY SUBSCRIBED - Heather & Andrew McGinn

Sunday 12 May – A Spring Walk in Kent – Paul Ackroyd

We will meet in the Hosey Common Car Park TN16 1PL, close to Westerham at 11.00. Parking is free. We will then walk to the National Trust property of Emmetts Gardens where the Bluebell display is normally spectacular. After a stop for coffee, we will continue via Toys Hill - this was devastated in the 1987 storm but is now regenerating - to Chartwell, the home of Sir Winston Churchill, also run by the National Trust. There may be time to visit the house & gardens: it is normally very busy so pre-booking tickets may be required. Thereafter, we can either return to the cars or continue on to the attractive village of Westerham where there are some hostelrys which merit inspection. A delightful walk of about 8 miles through undulating woodland & fields with very little walking on roads.

Refreshments are available at Emmetts Garden, Chartwell & Westerham although, for flexibility & to avoid crowds, a packed lunch is recommended.

The start point is not easy to reach by public transport. If you would like to come but have no access to a car, please let me know: I will probably be able to pick you up at Bromley South station. Nearer the time, please let me know if you are intending to come.

Thursday 13 / Sunday 16 June - Dolgellau – Charles Harrison

This weekend will be based in Dolgellau which allows access to areas not visited by LMC for some years: notably Cadair Idris & the Rhinogs. There are also walks along the Mawddach Estuary at both high & low level (the Mawddach Trail is along a former railway line that runs next to the river). Here we can benefit from bus services which run from Dolgellau along both the north & south sides of the estuary. There are historical sites in the vicinity: the Roman forts of Brithdir & Tomen y Mur (both on Sarn Helen, the Roman road that ran through mid-Wales); Castell y Bere built in 1221 by Llywelyn the Great; the Talyllyn Railway, Bryneglwys quarry & Abergynolwyn village - all part of the Slate Landscape of Northwest Wales, a World Heritage Site since 2021.

Dolgellau has numerous places to eat &, currently, a good selection of accommodation (including the obligatory Shepherds hut!). If you would like to come along for all or part of this weekend, please book accommodation then let me know where you are staying & which nights.

Meet Reports

Out Walking Reports & / or Photos . . . *None this time*

Other Events / Items . . .

Extra Elements: Books, DVDs, Films, other Walks / Climbs – views & comments . . .
If you've read any walking / mountaineering / travel books which you've enjoyed, please share.

LMC Newsletter link to send to *interest future possible members*:

<https://www.hillsandvalleys.co.uk/LMC/LMCdownloads.htm>

BMC: <https://www.thebmc.co.uk/> Newsletter at: <https://www.thebmc.co.uk/newsletters>

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